



CLIENT HISTORY

(Confidential – for Practitioner’s use only)

Name _____ Date _____

Address _____

Phone – home _____ Mobile / work _____

Email _____ DOB _____

Occupation _____ Referred by _____

Relationship status _____ # Children _____ Height _____ Weight _____

Reason for visit _____

Current medications _____

Current complementary therapies / supplements _____

Eating habits / diet _____

Amount daily intake: Water _____ Caffeine _____ Alcohol _____ Cigarettes _____
(or tobacco)

Excercise routine: _____

HISTORY

Please mark the following areas of diseases or symptoms as ‘C’ for current, ‘P’ for past, or ‘CH’ for chronic

EMOTIONAL / PSYCH	CARDIOVASCULAR	NEUROLOGICAL	REPRODUCTIVE
Depression	Angina	Epilepsy	STDs (type)
Eating disorder	Heart attack	Dizziness	Endometriosis
Mood swings	Heart failure	Insomnia	Pregancies (# & ‘C’)
Substance abuse (type)	Hypertension	Migraines	Miscarriage (#)
AUTO IMMUNE	Stroke	RESPIRATORY	Abortion (#)
AIDS / HIV	MUSCULO-SKELETAL	Bronchitis	OTHER (specify):
Allergies	Arthritis	Emphysema	
Cancer	Back pain	Pneumonia	
Fatigue	Carpal tunnel	Tuberculosis	
Fever (chronic)	Gout	DIGESTION	
Fibromyalgia	Skin disorder (type)	Constipation (chronic)	
Fungal infections (type)	ENDOCRINE	Diabetes	
Herpes (type)	Adrenal insuf.	Diarrhea (chronic)	
Lyme Disease	Pituitary dysf.	Gastritis	
Mononucleosis	Hyperthyroid	Hepatitis	
ENT	Hypothyroid	Hypoglycaemia	
Earaches (chronic)	URINARY	Jaundice	
Headaches	Bladder infection	Liver disorder	
Jaw pain	Kidney stones	Ulcers	



Please mark the following areas of diseases or symptoms as 'C' for current, 'P' for past, or 'CH' for chronic

Table with 4 columns and 8 rows listing symptoms and conditions for marking.

Please list any traumatic or life-threatening events that have occurred in your life, and when they happened:

Four horizontal lines for listing traumatic events.

What do you hope for, and what are your expectations from this session and long term?

Three horizontal lines for listing hopes and expectations.

Is there anything else you want me to know?

Eight horizontal lines for additional information.